



Reglement Salzburg Trailrunning Festival

Last Update 2026

In addition to the event announcement, the following regulations apply. By registering and accepting the competition rules, participants acknowledge the event announcement, the regulations, and the participation conditions and commit to abiding by them.

Running

The running course follows streets, paths, and trails through the city of Salzburg. Shortcuts and/or leaving the course are not allowed.

A thorough study of the course is essential. The course is marked as well as possible (signs with directional arrows, ribbons, flags, and ground markings), but markings may be partially missing or altered due to weather or vandalism. Participants must ensure that they are running on the correct route. If markings are not visible for an extended period, return to the last clearly marked point and continue the run.

Mandatory pre-race briefings take place at the start area. Attendance is required for all participants.

Race numbers must be worn on the front of the shirt, and all participants must wear upper-body clothing. The use of external aids (bicycles, cars, etc.) is strictly prohibited.

Participants may not be accompanied by non-participants, either on foot or by bicycle. Support is only allowed at aid stations.

Parents may run alongside children only in the "Windeltrail" event, and only one parent may run beside or behind the child.

Only well-prepared runners are capable of handling the challenges of this race. Participation is at the runner's own risk and responsibility, and participants confirm they are sufficiently trained and experienced.

The Gaisbergtrail leads into alpine terrain, reaching an altitude of approximately 1,200 meters. Falling rocks are possible in some areas. Certain sections, particularly steep ascents and descents, require good surefootedness.

Participants must follow the instructions of road authorities (police, race marshals, and officials) and comply with traffic regulations. Sidewalks must be used where available, and pedestrian crossings observed, as the course is not entirely closed to traffic.





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Equipment

Due to the season, temperatures on Gaisberg peak may drop below freezing. Each participant is responsible for bringing weather- and terrain-appropriate equipment and must ensure they are properly equipped.

Nightrun

mandatory	recommended
<ul style="list-style-type: none"> • Head lamp 	<ul style="list-style-type: none"> • Reflective clothing

Gaisbergtrail & -race

mandatory	recommended
<ul style="list-style-type: none"> • Whistle • Energy bars and gels labeled with your start number using a water-proof pen (discarding packaging outside aid stations will lead to disqualification) • Drinking container (soft flask or cup) • Trail running shoes 	<ul style="list-style-type: none"> • Functional running clothing • Mobile phone (fully charged, emergency numbers: 144 or 0664/8474207) • First aid kit: <ul style="list-style-type: none"> ○ Elastic bandage ○ Tape ○ Rescue blanket • Extra clothing for bad weather (long pants, rain jacket, gloves, and/or hat)

Poles:

- Running with poles is prohibited on Friday and Saturday.
- For the Gaisbergtrail and Gaisberggrace, only foldable or telescopic poles are allowed. They must be carried throughout the entire course (cannot be picked up or dropped along the route) and may only be used from Kühberg (from KM 5, not over Kapuzinerberg).

General rules

Participants are responsible for the recording of split and total times. The timing chip is embedded in the race number.

All instructions from race management, event staff, medical personnel, and rescue services must be followed. Non-compliance may result in disqualification. The organizer reserves the right to deny future participation to disqualified runners. Participants who have exhibited unsportsmanlike behavior in other races may also be refused entry. Disqualification may occur during the race, at the finish, or retrospectively upon review.





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Complaints and appeals against the race jury's decisions must be submitted in writing within one hour of the ruling. The jury's decision is final; further legal recourse is excluded. The jury is appointed by the organizing committee and operates independently.

The organizer assumes no liability for accidents, consequential damages, or illnesses. Participants are strongly advised to prepare thoroughly and over an extended period.

The organizer reserves the right to temporarily or permanently remove participants from the race for health reasons or to deny their start.

The course will be closed according to the published control and cut-off times. Participants who fail to pass control points on time or finish after course closure will be removed from the race, and their timing chip and race number will be taken.

The organizer reserves the right to make last-minute changes; these will be announced in advance.

